



Sunday Sermon Discussion Outline

Pastor Philip Thomas, October 5, 2025

Galatians 5:13-6:10 – Living Free (Part 6)

Faithfulness, gentleness, and self-control are vital attributes of the fruit of the Spirit, particularly in terms of loving ourselves and loving our neighbors as ourselves.

When we are led by the Spirit, we can be self-controlled.

We respond and apply the Word of God we have heard by being faithful, gentle, and self-controlled.

May God fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives, so that you may live a life worthy of the Lord and please him in every way: bearing fruit in every good work, growing in the knowledge of God, being strengthened with all power according to his glorious might so that you may have great endurance and patience, and giving joyful thanks to the Father, who has qualified you to share in the inheritance of his holy people in the kingdom of light. May you always remember that he has rescued us from the dominion of darkness and brought us into the kingdom of the Son he loves, in whom we have redemption, the forgiveness of sins. (Colossians 1:9-12)

Discussion Questions:

- How does our faithfulness towards God and others stem from God's faithfulness?
- What is faithfulness?
- What does it mean to be gentle like Jesus?
- How is self-control manifested in our daily lives? How does it relate to all the other attributes of the fruit of the Spirit?
- What is the connection between self-control and having a sound mind?
- How is a lack of self-control characterized in Proverbs 25:28? What happens when we lack self-control?
- According to 2 Peter 1:3-11, why do we lack self-control?
- What must we do to exercise faithfulness, gentleness, and self-control?